

Hair

Ladies

Artistic Designer Cut and Style	£29-£32
Wet or dry trim	£14-£22
Blow Dry or Set	£10-£15
Hair up	from £15
Wedding hair	from £30
GHD Curling or Straightening	£8-£15
Deep Conditioning Treatment	£6-£12
Argan Oil Treatment incl. massage 20min	£25

Colour

Full Head Foils	£47
Half Head Foils	£37
Partial Foils/ T-section	£27
Regrowth colour	£23
Full head colour	£25-£35
Toner or Bleach Bath add.	£10
Colour Eraser/ Correction	from £20
Creative Colouring	by quotation

Technical

Yuko Permanent Straightening	from £140
Advanced Brazilian Blow Dry	from £80
Permanent wave	from £30
Relaxer	from £35

Girls/Teenage

Dry Trim	from £5
12-16yrs Cut and Style	£22
7-11yrs Cut and Style	£16

Gentlemen

Cut and Style	£14
Dry Cut	£10
Colour	from £10
Boys Dry Trim under 12yrs	from £5

Hair Extensions

Remy Human Hair , micro ring or fusion 18"	£199
INDIAN Micro ring hair 22"	£225
Celebrities choice European hair 22"	£320
Extensions for thickening	from £40
Hair Feathers/Crazy colour extensions	from £2
Tape-in-Hair or Rapture Hair	by quotation



-Free consultation and advice from experienced staff-

Clip in Hair (weft)-
free application
from £17.50

We supply hair extension products. Hair extension brushes , shampoo and treatments safe for hair extensions.

Mini Make over parties

for 7-13 year olds.

1. Hair style and mini manicure. £10/ each
2. Hair style, mini manicure, mini pedicure and glitter tattoo. £15/ each
3. Hair style, mini manicure, facial and glitter tattoo. £15 /each
4. Hair style, mini manicure, mini pedicure, facial, glitter tattoo and 1 x hair extension or feather. £20 each
5. Hair style, mini manicure, mini pedicure, facial, mini make-up, glitter tattoo and 2x hair extensions or feathers. £25 /each

Add Jacuzzi for an extra £3/ each.



Yuko System smoothes and straightens curly, dry, unruly hair PERMANENTLY with a revolutionary straightening system that uses heat to restructure the hair's protein bond. The result is smooth, sleek, shiny, straight, regenerated (repaired) hair!

From £140

Advanced **Brazilian** straightening **blowdry**.

For all hair types even dry and damaged.

Straightens and repairs simultaneously.

Leaves hair soft, shiny, healthy and straight.

Last up to 4 months.
Special Offer- From £80



Changes Day Spa

www.changes-spa.com

Online booking

Open 7 days / week

Mon, Tue, Wed, Sat 9-5

Thurs, Fri 9-7,

Sun 10-2

Tel. 01843 607060

39 Queen Street,
Ramsgate,
CT11 9DZ

Hair-Beauty-Spa

Waxing

Full Leg	£18
Full Leg & Bikini	£24
Half Leg	£12
Half Leg & Bikini	£18
Bikini	£10
Brazilian	£15
Hollywood	£18
Full Arm	£10
Underarm	£8
Lip & Chin	£10
Lip	£6
Back or Chest Wax	from £10

Eyes

Eyebrow Shaping	£7
Eyebrow Tint	£6
Eyebrow Shape and Tint	£10
Eyelash Perm	£20
Eyelash Tint	£9
Eyelash and Brow Tint	£12
Hi-def Brows Incl shape and tint	£12

Hands And Feet

Manicure with Varnish (or gel polish+£5)	45min	£20
Pedicure with Varnish (or gel polish+£5)	45min	£22
Manicure and Pedicure	90min	£40
Elemis Exotic Ritual for Hands	30min	£25
Elemis Sole Delight for Feet	30min	£25
Manicure + Exotic Ritual	60min	£35
Pedicure + Sole Delight	60min	£35
File and Paint Fingers or Toes		£7
Acrylic Nail Extensions		£25
Infill		£20
Printed Foil nails last up to 4 weeks		£15
Soak Off and Express Manicure		£15
Twinkle Toes, Glitter lasts 4 weeks		£15
Gel Polish fingers or toes		£15

Make Up and Lashes

Eyes and Lips	£10
Full make up	£19
Incl. cleance, tone moisturise and foundation	
Wedding make up, ask for wedding offers (trial £19 recommened)	£30
Strip Lashes 1-2 days	£7.50
Eyelash Extensions 1-2 week	£19
Individual Permanent Lashes (special offer)	£40

Sauna and Hot Tub hire

1 person	60 min	£10
Extra person £5 / max 8 person		

Tanning

Crazy Angel Spray Tan	£15
Luxurious deep & natural tan	
Sun Bed,, (60 x 225 Watt tubes)	1.5min = £1

Medical Cosmetics/ Fillers

Ask for Experienced Nurse –Christina

Line Relaxing Treatments , Dermal Fillers, Chemical Peels

Got a special celebration coming up? Changes Day Spa is ideal for friends and family wanting to get together to mark the occasion. Whether it's a birthday, a wedding anniversary, or getting together with a group of friends for a proper catch-up, we can create a package for you. Visit our website www.changes-spa.com, or speak to a staff member for more details.

Facials

Skin Booster Facial 30min £25

For a smooth, glowing complexion! Perfect for a lunch-time or early evening 'quick fix', these facials are uniquely designed for maximum results in minimum time. Add on your beauty essentials such as a manicure, wax or eyebrow shape for a complete package.

Elemis Tri Enzyme Facial 60min £60

This ground breaking anti-ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to 75% and increase skin smoothness by up to 32% , this unique treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing a younger looking skin.

Elemis Visible Brilliance Facial 75min £47

Combat ageing, stressed and slackened skin. Independently tested with revolutionary results, this anti-ageing face/eye treatment instantly firms, rejuvenates and plumps up the skin, helps to reduce dark circles.

Elemis Pro-Collagen Marine Facial 75min £47

Anti-Wrinkle Facial - Proven Results. This anti-wrinkle facial is clinically proven to reduce the number of wrinkles by up to 94%* and improve skin firmness by up to 57%*, after just one treatment.

Elemis Oxygen Skin Calm Facial 75min £47

Pure soothing heaven for sensitive skin.

Gentle massage techniques are combined with calming actives and a restructuring Japanese Silk Mask, impregnated with Absolute SkinCalm Booster Serum, to help rebalance delicate, fragile and sensitive complexions.

Elemis Fruit Active Glow 60min £37

Bring back the glow to a lifeless complexion

Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful conditioning actives nourish and renew vital radiance.

Elemis Exotic Moisture Dew 60min £37

Treat your skin to a moisture boost. Following a specialist facial massage, the skin is fed with thirst-quenching actives that will bring back that healthy, dewy look.

Elemis Herbal Lavender Repair 60min £37

For perfect restoration of skin balance. Deeply cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat breakouts.

Microdermabration (from) 30min £25

Massage and Body

Deep Tissue Massage 60min £37

Deep rhythmic pressure massage. Alleviate stress, ease aching muscles and revive the senses with this powerful, customised massage. Dynamic blends of Essential Oils are prescribed to target individual needs and reduce specific stress and muscle tension.

Deep Tissue Massage 30min £22

Minimum time, maximum tension-relieving results. Specifically targeting the back, shoulders and neck areas where you need it most.

Hot Stone Massage 75min £42

Combining the heat from the basalt stones with long soothing massage techniques provides a deeply warming and nurturing treatment. This full body massage eases muscular aches and pains, increases circulation and aids the body's natural healing ability

Exotic Lime and Ginger Salt Glow 30min £25

Invigorated, cleansed and polished to perfection. A body exfoliation ritual to invigorate and revitalise the body. After light body brushing, warm oil is dripped luxuriously over the body,

Aromatherapy Massage 75min £45

The perfect way to relax and de-stress. An aromatherapy massage gently eases tense muscles, helping to reduce levels of anxiety, boosting the immune system and providing a sense of well being.

Indian Head Massage 30min £20

Indian head massage has been practiced for over 5000 years in India. Concentrating solely on treating shoulders, upper back, head, neck, scalp and face, you will leave feeling a weight has literally been lifted off those sore shoulders.

Treatments for Men

Elemis Skin IQ Facial for men 75min £40

Anti-ageing and super boosting for tired, stressed and dehydrated skin.

Elemis Urban Cleanse Facial, men 75min £40

Deep cleanse and complete skin detox. This super-grooming facial decongests the skin, works overtime to eliminate blocked pores, rapidly accelerates skin repair and neutralises impurities

Gents Manicure or Pedicure 30min £15

Massage /back,neck,shoulders 30min £22

Back wax, chest wax, ear hair removal from £7